

## What are Satvik Offerings in Vedic Literature?

- **Food offerings:** Panchashasha (grains of five types – brown rice, mung or whole green gram, til or sesame, mashkalai (white urad dal) or any variety of whole black leguminous seed, jowar or millet).
- **Panchagobbo:** Five items obtained from cow (milk, ghee or clarified butter, curd, cow dung and gomutra), curd, honey, brown sugar, three big noibiddos, one small noibiddo, three bowls of madhupakka (a mixture of honey, curd, ghee and brown sugar for oblation), bhoger drobbadi (items for the feast), aaratir drobbadi mahasnan oil, dantokashtho, sugar cane juice, an earthen bowl of atop (a type of rice), til oil (sesame oil).
- **Water offerings:** Ushnodok (lukewarm water), coconut water, sarbooushodhi, mahaoushodhi, water from oceans, rain water, spring water, water containing lotus pollen.
- **Three aashonanguriuk** (finger ring made of kusha).
- **Puja Items:** Sindur (vermillion), panchabarner guri (powders of five different colors – turmeric, rice, kusum flowers or red abir, rice chaff or coconut fiber burnt for the dark color, bel patra or powdered wood apple leaves), panchapallab (leaves of five trees – mango, pakur or a species of fig, banyan, betel and Joggodumur or fig), pancharatna (five types of gems – gold, diamond, sapphire, ruby and pearl), panchakoshay (bark of five trees – jaam, shimul, berela, kool, bokul powdered in equal portions and mixed with water), green coconut with stalk, three aashonanguriuk (finger ring made of kusha).
- **Panchamrit:** A mixture of honey, milk, curd, ghee and brown sugar.

